**Wender Utah Rating Scale for the Attention Deficit Hyperactivity Disorder**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Gender: \_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_

For each of the 61 items, check the box that best describes your behaviour:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| As a child I was (or had): | Not atall orveryslightly0 | Mildly1 | Moder-ately2 | Quite aBit3 | Verymuch4 |
| 1 Active, restless, always on the go  |  |  |  |  |  |
| 2 Afraid of things  |  |  |  |  |  |
| 3 Concentration problems, easily distracted  |  |  |  |  |  |
| 4 Anxious, worrying  |  |  |  |  |  |
| 5 Nervous, fidgety  |  |  |  |  |  |
| 6 Inattentive, daydreaming  |  |  |  |  |  |
| 7 Hot- or short-tempered, low boiling point  |  |  |  |  |  |
| 8 Shy, sensitive  |  |  |  |  |  |
| 9 Temper outbursts, tantrums  |  |  |  |  |  |
| 10 Trouble with stick-to-it-tiveness, not following through. Failing to finish things started |  |  |  |  |  |
| 11 Stubborn, strong-willed  |  |  |  |  |  |
| 12 Sad or blue, depressed, unhappy  |  |  |  |  |  |
| 13 Incautious, dare-devilish, involved in pranks  |  |  |  |  |  |
| 14 Not getting a kick out of things, dissatisfied with life |  |  |  |  |  |
| 15 Disobedient with parents, rebellious, sassy  |  |  |  |  |  |
| 16 Low opinion of myself  |  |  |  |  |  |
| 17 Irritable  |  |  |  |  |  |
| 18 Outgoing, friendly, enjoyed company of people  |  |  |  |  |  |
| 19 Sloppy, disorganized  |  |  |  |  |  |
| 20 Moody, ups and downs  |  |  |  |  |  |
| 21 Angry  |  |  |  |  |  |
| 22 Friends, popular  |  |  |  |  |  |
| 23 Well-organized, tidy, neat  |  |  |  |  |  |
| 24 Acting without thinking, impulsive  |  |  |  |  |  |
| 25 Tendency to be immature  |  |  |  |  |  |
| 26 Guilty feelings, regretful  |  |  |  |  |  |
| 27 Losing control of myself  |  |  |  |  |  |
| 28 Tendency to be or act irrational  |  |  |  |  |  |
| 29 Unpopular with other children, didn't keep friends for long, didn't get along with other children |  |  |  |  |  |
| 30 Poorly coordinated, did not participate insports |  |  |  |  |  |
| 31 Afraid of losing control of self  |  |  |  |  |  |
| As a child I was (or had): | Not atall orveryslightly0 | Mildly1 | Moder-ately2 | Quite aBit3 | Verymuch4 |
| 32 Well-coordinated, picked first in games  |  |  |  |  |  |
| 33 Tomboyish (for women only)  |  |  |  |  |  |
| 34 Running away from home  |  |  |  |  |  |
| 35 Getting into fights  |  |  |  |  |  |
| 36 Teasing other children  |  |  |  |  |  |
| 37 Leader, bossy  |  |  |  |  |  |
| 38 Difficulty getting awake  |  |  |  |  |  |
| 39 Follower, led around too much  |  |  |  |  |  |
| 40 Trouble seeing things from someone else'spoint of view |  |  |  |  |  |
| 41 Trouble with authorities, trouble with school, visits to principal's office |  |  |  |  |  |
| 42 Trouble with police, booked convicted  |  |  |  |  |  |
| Medical Problems as a child | Not atall orveryslightly0 | Mildly1 | Moder-ately2 | Quite aBit3 | Verymuch4 |
| 43 Headaches  |  |  |  |  |  |
| 44 Stomach aches  |  |  |  |  |  |
| 45 Constipation  |  |  |  |  |  |
| 46 Diarrhoea  |  |  |  |  |  |
| 47 Food allergies  |  |  |  |  |  |
| 48 Other allergies  |  |  |  |  |  |
| 49 Bedwetting  |  |  |  |  |  |
| As a child in school I was (or had) | Not atall orveryslightly0 | Mildly1 | Moder-ately2 | Quite aBit3 | Verymuch4 |
| 50 Overall a good student, fast  |  |  |  |  |  |
| 51 Overall a poor student, slow learner  |  |  |  |  |  |
| 52 Slow in learning to read  |  |  |  |  |  |
| 53 Slow reader  |  |  |  |  |  |
| 54 Trouble reversing letters  |  |  |  |  |  |
| 55 Problems with spelling  |  |  |  |  |  |
| 56 Trouble with mathematics or numbers  |  |  |  |  |  |
| 57 Bad handwriting  |  |  |  |  |  |
| 58 Able to read pretty well but never reallyenjoyed reading |  |  |  |  |  |
| 59 Not achieving up to potential  |  |  |  |  |  |
| 60 Repeating grades  |  |  |  |  |  |
| 61 Suspended or expelled  |  |  |  |  |  |

Thank you for taking the time to complete this questionnaire.

OFFICE USE ONLY:

Wender Utah rating scale score = \_\_\_\_\_\_\_\_

Maximum score 100

Wender Utah rating scale subscore = \_\_\_\_\_\_\_\_