**Weight Management Service / Prescribing Weight Loss Medication**

Can we please ask that patients do not contact us by phone or triage to request referral for weight loss drugs for obesity. We are only allowed to refer to Tier 3 when you meet the following criteria.

**Adults with a BMI ≥40.0 AND meet at least one of the following criteria:**

* Have obstructive sleep apnoea, severe asthma, cor pulmonale, obesity hypoventilation syndrome, or receive CPAP
* Have ischaemic heart disease, heart failure, or a QRISK score >20%
* Have a diagnosis of type 2 diabetes mellitus
* Have subfertility
* Have oesophagitis, severe gastro-oesophageal reflux disease, or Barrett’s oesophagus.
* Has been under the Tier 2 programme during the last 2 years.

Please do not pressure our staff to refer you as the referral will only be rejected if it does no meet the above criteria.